

HIGHLAND HIGHLIGHTS

Monthly Newsletter for The Highlands 460 • A Covenant Controlled Community

Vol. 17 Number 11

November 2006

Circulation 900

Next Meeting: More on Covenant Amendments

Wednesday, Nov. 1, 7 p.m., at the Southglenn Library, located at the southeast corner of University and Dry Creek.

Once again, the H460 board members will discuss upcoming resident voting for an amendment to authorize changes to covenants. Voting will take place in batches, starting with Filing I residents on Feb. 22, 2007. Voting for filings II through V will continue through April 2008.

During this upcoming voting, your "yes" vote will allow the Highlands 460 homeowners association the ability to change the current covenants. Once voting ends in April 2008, if residents ultimately

approve the covenant amendment, only then can the board move to change specific covenant restrictions, such as those mandating types of roofing material, types of fencing, or restrictions of motor homes or campers.

Go to highlands460.org to read more about the covenant amendment voting, read minutes of the HOA meetings or to read the current covenant restrictions.

Also, to find out what Highlands 460 filing your property is in, go to:

www.co.arapahoe.co.us/Apps/ParcelSearch/PropForm.aspx



Thanks, Linda!

I wish to publicly thank Linda Carroll for all her wonderful work as editor and also in helping on many other HOA projects most notably the often-thankless task of organizing the annual community garage sale each spring. While she has now passed the editor duties off to Jennifer Starbuck, I am sincerely grateful that she is continuing her service to the HOA as an officer of the board of directors. Many thanks, Linda, for your past and continuing efforts supporting our community.

—David Lamoreaux, HOA president

Southeast Light Rail and Bus System

The Regional Transportation District will inaugurate its new Southeast Light Rail and Bus System on Nov. 17. The new system will provide 19 miles of new light rail service, 11 new bus routes, 10 new Call-N-Ride buses, 13 new light rail stations, 12 new Park-N-Ride stations and nearly 7,000 new parking spaces in the southeast metro area.

Centennial Council Members **Andrea Suhaka** and **Rebecca McClellan** will host a Ward III meeting to update the public about the new sys-

tem reaching our area. The meeting will take place at 7 p.m. Nov. 1 at the City of Centennial offices at 12503 E. Euclid Avenue, Suite 200.

Tex Elam, volunteer director of community mobility services, will talk about new RTD services that will bolster the community's transportation options. Call-N-Ride buses are the newest service addition. Within specific regions, riders can call the bus drivers directly to arrange transportation to any location within the Call-N-Ride area.

Arapahoe Library District News

New website for Kids!

Since **Tales the Reading Raccoon** signed on as the Arapahoe library district mascot a little more than a year ago, there's been a lot to do — meeting people in the libraries, riding in parades, searching out great books for kids to read and, yes, building a new home in the neighborhood. Tales is pleased to announce that soon you'll be able to visit **Tales' Treehouse** to read and play with Tales and Tales' Colorado friends. Tales' Treehouse

is especially for kids in preschool through fifth grade and their parents. There's so much there we can't list it all, so we hope you will explore!

Tales' friend **Swoop the Owl** is an excellent reader who can show you great kids' books to read, including award-winning and bestselling books, online books and books recommended by librarians. You can also find children's book authors, book reviews, e-cards and more. Be sure

continued on page 5

HIGHLANDS 460 CALL LINE • 303-331-2366

If you have a question or concern or would like to express an opinion about a neighborhood issue, please call the Call Line and leave your name and number.

For the latest information on neighborhood events, please consult your latest *Highlands Highlights* and also visit the web for any Hot News since the last publication and additional articles that do not fit into the printed newsletter.

HIGHLANDS 460
www.Highlands460.org

Next HOA Meeting Wed • November 1

7 p.m.

SOUTHGLENN LIBRARY

Located at SE corner of
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Everyone Welcome!

One in six Americans robbed during the holidays

One in six Americans has their holiday season stripped away due to painful debilitating headaches. If you or someone you love is one of these people, this may be the single most important article you read all year.

A non-surgical, non-drug treatment has been discovered that targets the real cause of most headaches, getting rid of them for good. There are only six doctors in the state of Colorado registered to perform this non-surgical, painless procedure, and one of them is located in Southwest Denver.

A free report is available which reveals if this FDA approved procedure is for you. Go online to www.denverheadache.com to download or call 303-795-7530 and ask to have a copy of the report rushed to you immediately. Don't be a victim any longer. Spend the holidays with your family, not with a headache.

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Paul Shea 303-916-1944
e-mail shea1405@msn.com

Covenants Committee Chairman

Rob Refvem 303-694-0575
e-mail h460ACC@highlands460.org

South Suburban Parks Representative

Pat Jenkins 303-779-1077

Newsletter

Editor: Jennifer Starbuck 303-694-0228
e-mail h460news@highlands460.org

Advertising: Colorado Lasertype 303-979-7499

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The deadline for news articles is the 10th of the month before the next month's issue. All articles must be approved by the editor for publication, or as space permits. Advertising deadline is the 15th of the month for the next month's issue. No endorsement of any product or service is implied or stated by its inclusion in the newsletter.

Please e-mail articles and "Letters to the Editor" to:

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Highland Elementary Events for November

- Nov. 9 — Third-grade music performance
- Nov. 10 — Half day
- Nov. 13 — First-grade music performance; book fair
- Nov. 13-17 — Hearing and vision testing
- Nov. 22-24 — Thanksgiving vacation

Both optimists and pessimists contribute to the society.

The optimist invents the aeroplane, the pessimist the parachute.

- George Bernard Shaw

Centennial Budget Hearing

The city of Centennial has scheduled a forum for public comment on the proposed 2007 city budget. The special meeting will take place at 7 p.m. Nov. 13 at the city offices, 12503 East Euclid Drive. Final approval of the budget is scheduled to take place Dec. 11.

As required by state statute, a preliminary budget was presented to city council on Oct. 16. The preliminary budget materials are available on the city's website, or at the city offices.

Home Repair Help

Low-income homeowners who are seniors or disabled can get free home repairs with the help of a program offered to residents in Centennial, unincorporated Arapahoe county, Englewood, Littleton and Sheridan.

Rebuilding Together Metro Denver will provide needed home repairs and rehabilitation to qualifying homeowners through a Community Development Block Grant from Arapahoe county.

"These repairs make it easier for seniors to maintain their independence in their own homes," says **Angie Zuccarelli**, program manager for Rebuilding Together Metro Denver. "There are many in our community who cannot afford these essential repairs and who live in increasingly dangerous conditions."

Two times a year (at the end of April and again in the fall) Rebuilding Together Metro Denver organizes Rebuilding Days. Projects are sponsored by businesses, corporations and community groups that provide teams of volunteers to work with skilled leaders on repairs and rehabilitation for qualified homeowners. Last spring, nearly 1,000 volunteers performed hundreds of repairs like installing new roofs, carpets, floors, wheelchair ramps, deadbolts, windows and appliances. Unskilled volunteers helped with painting, cleaning and weatherizing.

In addition to Rebuilding Days, Rebuilding Together Metro Denver provides small home repairs through a year-round program called A Home for All Seasons.

Selected homeowners must be low-income and elderly, disabled or caring for a disabled family member, and unable to do the work themselves. They must own and occupy their home. Applications are accepted all year and referrals are made by human services and housing agencies, synagogues, churches, hospitals or by self-referral.

For more information and applications, visit the website at www.rebuildingdenver.org or call 720-524-9205.



Leaf Clean Up Time



A Highlands 460 neighbor wrote in to remind all residents and lawn-care services to collect fallen leaves and other yard debris and dispose of it properly, rather than to blow or sweep it into the streets. Many times, that debris will just get blown into other neighbors' yards. So please help everyone in Highlands 460 keep yards and streets looking good. And enjoy your fall!

For advertising information, ad rates and details about our graphic and web design services, visit our website:

ColoradoLasertype.com

Get the Message Out

Do you have something newsworthy you'd like to share with your neighbors? Submit an article or an idea for an article by emailing the Highland Highlights editor at

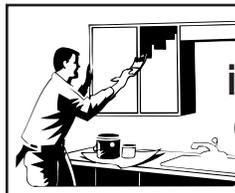
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South Suburban Parks and Recreation News

South Suburban Celebrates

Great Skate Month with FREE Classes

Starting November 11, South Suburban Parks and Recreation will celebrate Great Skate Month with **free** skating classes at both ice arena facilities, South Suburban Ice Arena, 6580 S. Vine St., and Family Sports Center, 6901 S. Peoria St. A free skating class will be offered during Saturday afternoon public skating sessions from 1-3 p.m., November 11, 18 and 25 at South Suburban Ice Arena, and 1-4 pm at Family Sports Center. Purchase a public skating admission and rent skates as needed and receive free instruction from an experienced coach.

On Saturday, November 18, South Suburban Ice Arena and Family Sports Center hockey enthusiasts can participate in a special hockey puck shoot and have a chance to win a Thanksgiving turkey during the public skating session. Ask for a ticket when purchasing your public admission and take a free shot to win the turkey.

If you cannot make it to the rink on Saturday, purchase a public skating admission to one of the sessions listed below and ask for a wristband. Wristbands will qualify you for an instructor's assistance to improve a problem skill or support with confidence-building techniques, at no cost.

South Suburban Ice Arena, 6580 S. Vine St., 303-798-7881

Mondays, 6:30-7:30 p.m.

Tuesdays, 4:30-5:30 p.m., except November 15

Wednesdays, 6:30-7:30 p.m., except November 16

Thursdays, 4:30-5:30 p.m., November 3 and 10 **only**

Family Sports Center, 6901 S. Peoria St., 303-708-9500

Tuesdays, 6:30-7:30 p.m.

Thursdays, 6:30-7:30 p.m., except November 24 and 31

For more information about Great Skate Month, Learn to Skate classes, Learn to Play Hockey or private lessons, call Gerry Lane at 303-798-7881 or visit www.sspr.org.

•••

South Suburban Makes Shopping Easy

South Suburban Parks and Recreation will sponsor the 20th Annual Holiday Arts and Crafts Fair on Saturday, December 2 from 9:30 a.m. to 4 p.m., at Goodson Recreation Center, 6315 S. University Blvd. Attend this free event and find handmade crafts, pottery, jewelry, clothing, quilts, paintings, photography, floral arrangements, woodworks, holiday items and specialty foods that will tempt every shopper and assist you in filling your list in one stop.

For other special holiday activities, classes and programs visit South Suburban online at www.sspr.org.

Puffers Risk Car Theft

As the weather gets colder, it sometimes becomes convenient for us to warm up our cars on the street or in the driveway while we take care of a few last minute things inside. While it may seem like a good idea, it is actually just an invitation to auto thieves. In recent years criminals have been observed canvassing residential neighborhoods in the mornings, looking for "puffers" — empty cars with exhaust puffing from the tailpipe. They are an easy grab and an instant getaway. Sheriff's offices sees this particular crime of opportunity often during the fall and winter months.

Don't become a victim; a running car should always have you in it.



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Arapahoe Library News, continued from front page

to check out **TumbleBooks**, where you can have stories read to you or play games. **Read the Books** is a cool place where you can hear about lots of books you might want to read or see your school's Accelerated Reader list!

Hoppie the Frog loves libraries and can show you all sorts of stuff at your library like story times for preschoolers, library programs and events just for kids. Follow Hoppie to the calendar that will show you what and when programs are happening at the library.

Flik the Chipmunk is always on the lookout for fun and can guide you to safe online games and activities plus great community events. Join the monthly coloring contest to see what Tales is doing! Print the page, color it and bring it to your library for a chance to win one of the monthly prizes.

Spark the Prairie Dog loves school and can point you to online Homework Help with a live tutor and the AskColorado reference service. And there's more! Culturegrams can be used for geography help. Kids Info Bits has magazine articles about plants, weather, biographies, holidays, etc. Amazing Animals of the World is searchable in different ways and has great photos. You can log on to any of these databases from your home computer using your library card number.

And parents will find their own section with great stuff about parenting and literacy. Watch for Tales' Treehouse, debuting in November on the library district's Web site at www.arapahoelibraries.org.

Portrait of Molly Brown

Join Barbara Daubenspeck from 3:00-3:45 p.m. Nov. 5 at the Koelbel Library for a fast-paced portrayal of Molly Brown, the

rough-edged, larger-than-life Colorado woman who emerged as a heroine during the Titanic disaster. Reservations are required. Call 303-220-7704.

Opera!

Opera aficionado Tom Powers is back to present one of his popular opera highlight programs. Join him from 7-8:30 p.m. Nov. 6 at the Smoky Hill Library, or from 7:00-8:30 p.m. Nov. 20 at the Castlewood Library to explore audio and musical highlights from Giuseppe Verdi's Rigoletto.

Reservations are required for both shows. Call or visit the libraries listed: Smoky Hill Library, 303-693-7449; or Castlewood Library, 303-771-3197.

Holiday Closings

All Arapahoe library district locations will be closed on Saturday, Nov. 11, for Veteran's Day, and Thursday, Nov. 23, for Thanksgiving.

Highlands 460 Play Group

If you want to connect with some other moms and kids right here in your neighborhood, hook up with the Highlands 460 play group. The group meets twice a month for morning play dates at area parks during nice weather or at members' homes. The group also plans special afternoon holiday parties for both younger and school-age children, periodic "girls' night out" festivities for the moms, and couples parties. This group welcomes anyone wishing to meet other families and have fun. For more information on how to join, email **Diane Kahler** at dianesteven@msn.com.

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Mail Preference Service
 Direct Marketing Association
 P.O. Box 643
 Carmel, NY 10512

In addition, the California Integrated Waste Management Board offers these suggestions:

- If junk mail is marked "address correction requested" or "return postage guaranteed," write "Refused - Return to Sender" on the envelope and mail it back.
- Call the 800 number listed on unwanted catalogs and asked to be removed from the mailing list.
- Call the customer service department of specific organizations and businesses and ask to be removed from their mailing list, or send a signed, written request that includes a copy of the mailing label.

Get the Latest News

Please note that the Highlands Highlights newsletter is posted on the neighborhood Web site, www.highlands460.org. It is posted shortly after it is written and submitted to the printer, so you can get the news weeks before it is delivered to your door.

Also on the Web site are minutes from recent homeowner association meetings and covenant information. It also contains links to other useful sites.

Teen Services

To add your teen's name, please call **Colorado Lasertype** at **303-979-7499**. No recommendation or endorsement of any of the names on this list is implied or stated by the homeowners association board or Colorado Lasertype. Categories: (B) Baby-sitting * Red Cross Cert. for CPR (P) Pet & House sitting (L) Lawn care/snow removal

Alison Bailey	14	B*/P	303-549-6818
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Robin Beam	13	B*/P	303-770-5838
Sara Beam	15	B*/P	303-770-5838
Scott Berres	15	B*/P/L	303-795-6624
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Bradley Coates	15	P/L	303-721-1551
Megan Dawley	15	B*/P	303-221-3486
Dana Guymon	13	B/P	303-770-0780
Joanne Haas	14	B*	303-795-7572
Tim Haas	12	B*/P/L	303-795-7572
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Jennifer Lukas	13	B*/P	303-771-7444
Jessica Meyers	15	B*/P	303-721-8401
Mary Meyers	12	B*/P	303-721-8401
Kara Peterson	12	B*/P	303-779-6712
Kiersten Peterson	14	B*/P	303-779-6712
Keith Whitlock	16	P/L	303-741-5924
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- Dalai Lama

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For Sale- Piano, good for beginners. \$250. Oak-grain cabinet, 48 x 62 x 4 - 6 storage bins. \$100. Call 720-560-1048 [11]

ALTERATIONS NEEDED: Looking for someone to do alterations. Please call Susan 303-979-6106 [11]

Sandoval Remodeling- Bathrooms, basements, drywall, electrical, plumbing, tile. No job too small. Free est., ins., lic., refs. Call Maximo at 720-318-6927 [11]

Choice Window Services- Window & Screen Repair. Don't replace it, repair it! Call Doug Hollister 303-369-7785

Housecleaning Services- Deep Cleaning, Avail wknds. Refs. Lucy, 303-232-4257, or 720-275-7319 [11]

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Pass the Green Bean Casserole

More than 20 million households will serve green bean casserole as part of their Thanksgiving feasts this year. The popular side dish was invented in 1955 by Dorcas Reilly, head of the Campbell Soup Co.'s test kitchen. Reilly wanted to create a recipe out of the two ingredients most Americans kept in their cupboard during the 1950s: canned green beans and cream of mushroom soup. She added some milk, canned fried onion rings, a little soy sauce and black pepper and - bingo! - a classic was born. In 2002, Reilly presented her original recipe card to the National Inventors Hall of Fame. According to Campbell Soup Co., about 40 percent of its annual sales of cream of mushroom soup are used to make green bean casserole.

55th Anniversary of Area Codes, Nov. 10

On this date in 1951, telephone customers dialed the first area codes devised by AT&T and Bell Labs, allowing them to place their own long-distance calls. Because this was in the days of rotary telephones, large cities were given numbers that took less time to dial, which is why New York City's area code is 212 and Washington, D.C.'s is 202. More rural areas, such as Vermont, were assigned area codes like 802.

National Authors' Day, Nov. 1

According to R.R. Bowker, the company that assigns new books and editions their International Standard Book Numbers (ISBN), more than 181,000 books are published each year. And publishers typically publish only 1 percent of the unsolicited manuscripts they receive.

Exercise Reduces Risk of Cancer

The American Institute for Cancer Research recently noted that several scientific studies have linked physical activity with reduced cancer risk. Specifically, regular exercise reduces the risk of colon cancer by nearly half and breast cancer by a third. It is also associated with lower incidences of cancer of the endometrium (the lining of the womb), as well as prostate and lung cancers. To reap these benefits, the institute recommends one hour a day of moderate activity and one hour a week of vigorous activity.



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Thanksgiving Through the Years

After the first Thanksgiving was celebrated in 1621, each of the 13 American colonies held an annual harvest festival and day of thanksgiving. There was no set day for the holiday, and it varied among the colonies. In 1777, George Washington decreed a day of thanksgiving to celebrate a British defeat during the Revolutionary War, and he and subsequent presidents proclaimed Thanksgiving Days periodically over the next 86 years, although not every year and not on any particular date. In the early 1800s, these annual Presidential proclamations came to an end, and it wasn't until 1863 that the holiday resumed. During the Civil War, President Abraham Lincoln declared a national Thanksgiving to occur on the last Thursday of November, and it has been observed annually ever since. In 1939, in an effort to stimulate the economy during the Great Depression, President Franklin D. Roosevelt tried to move the holiday to the third Thursday in November, giving stores more time to advertise Christmas merchandise before December 25. About half the states refused to change the date, and in 1941, Congress compromised by choosing the fourth Thursday of November, which is sometimes the last Thursday and sometimes the next to last.

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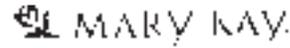
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Saturday, November 11

SCHEDULE OF EVENTS:

Registration – 5:30 p.m.

Silent Auction – 5:30-8:30 p.m.

Live Auction – 6:00-8:00 p.m.
(item every 15 minutes)

Food Service – 6:00-7:30 p.m.

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